



# Accelerated Training Day Camp 2017 Summer Hockey School

**Summer Training Program**

**June 19<sup>th</sup> – Aug. 18<sup>th</sup>**  
Monday – Wednesday - Friday

\$ 54.00 daily drop-in

\$ 145.80 per week (10% discount)  
(3 consecutive days / 10.5 hours per week)

\$648.00 5 weeks or 15 days  
(any 15 days / 20% discount)

\$ 907.20 all summer (30% discount)  
(8 weeks - 24 days – 92 hours - \$9.86/hour of ice)

**June** 19, 21, 23 / 26, 28, 30,

**July** 3, 5, 7 / 10, 12, 14 / (17, 19, 21)\* / 24, 26, 28,

**July/Aug.** 31, 2, 4 / 7, 9, 11 / 14, 16, 18

(\* Pro Ambitions Hockey School)

**Monday Day Camp:** (3.00 hrs on-ice)

8:00-8:30 Drop Off	8:30-9:30 Off-Ice
10:00-11:30 <b>On-Ice Skills</b>	11:45-12:15 Lunch / Video
12:15-1:00 Games / Play Time	
1:30-3:30 <b>On Ice Skills</b>	3:45-4:30 Off-Ice
4:30-5:00 Games / Pick-up	

**Wednesday Day Camp:** (3.00 hrs on-ice)

8:00-8:30 Drop Off	8:30-9:30 Off-Ice
10:00-11:30 <b>On-Ice Skills</b>	11:45- 12:15 Lunch / Video
12:15-1:00 Games / Play Time	
1:30- 3:00 <b>On Ice Skills</b>	3:15-3:45 <b>Skating</b>
4:00-4:45 Off-Ice	4:45-5:00 Video / Pick-up

**Friday Day Camp:** (3.00 hrs on-ice)

8:00-8:30 Drop off	8:30-9:30 Off Ice
10:00- 11:30 <b>On Ice</b>	11:45- 12:15 Lunch
12:15-1:00 Video / Play Time	
1:30- 3:30 <b>On Ice</b>	3:45- 4:30 Off-Ice
4:30-5:00 Video / Pick-up	

**253-850-2400 x108**

**Hockey Development -**

Great for all ages: Mite to Midget. **In 8 short weeks, this program offers as much or more practice time as a normal winter season!!** It also provides a variety of activities that make it a summer of fun for all ages from Mite to Midget. New for 2017, an additional 1.5 hours of ice each week.

Today's athletes are more skilled than ever before. The Accelerated Training Day Camp Program provides the players with the ice time necessary to improve their hockey skills: 3 hours each day. Along with the on-ice drills, the off-ice program incorporates a series of dry land exercises: off-ice stickhandling to develop eye hand co-ordination to improve puck and passing skills and soccer to develop agility and conditioning. In addition, the day campers have time to just play and have fun around the facility playing air hockey, pool, mini-golf, tag, batting in the cages and playing street hockey. The 9 hour day camp has it all (for less than \$6.00/hour).

**Assistant Coaches**

There are several young adult assistant coaches that are currently playing College Hockey, Junior Hockey, or that have just finished their youth hockey. They provide a very low student to instructor ratio and monitor the daily activities.

**Registration Form Information:**

Attach Receipt Here:  
*Circled desired days*

Name	Level
Address	
City	State
Zip	
(          )	@
P h o n e	E m a i l

**Summer Schedule**

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**July** 3, 5, 7 / 10, 12, 14 / (17, 19, 21)\* / 24, 26, 28,  
**July/Aug.** 31, 2, 4 / 7, 9, 11 / 14, 16, 18  
(\* Pro Ambitions Hockey School)

I hereby agree that KVIC, its officers, servants, agents, and employees shall not be held liable for any and all injuries resulting directly or indirectly from his/her participation in ice-skating, playing hockey, and/or receiving instruction on the ice or otherwise in and about the premises. I further agree to indemnify and save KVIC, its officers, servants, agents, and employees harmless from all costs and expenses that may result from any breach of this agreement. A \$10.00/half hour late fee will be added if players are not picked up by 5:00pm.