

Snowplow Sam

The Snowplow Sam levels are designed to help the preschool-age skater develop preliminary coordination and strength necessary to maneuver on the ice. This class is designed for skaters of age 6 and younger who have no prior skating experience. Skaters can join at the early age of 3. However, they must be excited to skate and be comfortable to be independent in a class for 30 minutes.

For information about the Snowplow Sam curriculum, click [HERE](#).

Basic Skills

The "Basic Skills" are the fundamentals of the sport. These six levels of the program introduce the fundamental moves: forward skating, backward skating, stops, edges, crossovers, three turns and Mohawks. Upon completion of the Basic 1-6 levels, skaters will have the basic knowledge of the sport, enabling them to advance to the more specialized areas of skating. These classes are for skaters ages 7 - 14. If your child has not taken classes at Kent before, they will be placed in Basic 1 and will be evaluated on the first day.

For more information about the Basic Skills curriculum, click [HERE](#).

If you have passed through Basic 6 and are looking for advanced figure skating classes, please see the Kent Valley Academy section below.

Adult Skills

The Adult curriculum is designed for the beginner adult skater. It will promote physical fitness as well as improve balance and coordination while learning proper skating techniques. Divided into six levels, adult skaters will progress at an individual rate while being challenged and motivated. This is a new exciting program for people who look to skating as an enjoyable way for a fit and healthy lifestyle.

For more information about the Adult Skills curriculum, click [HERE](#).

Adult Elite

The Adult Elite class is for skaters who have passed Adult 1-6 and are looking to further their figure skating skills. Skaters who are registered for this class are allowed to skate the 30-minute free skate after their lesson.

Kent Valley Academy

Kent Valley Academy is a transition from the Basic Skills to the free skate levels starting at Pre-skate to Freeskate 6. Skaters will be learning more challenging jumps, spins, choreography, and edge skills. This is preparing skaters for the next step in U.S. Figure Skating. Academy classes are split into two separate groups based on ability and experience - Intro Academy (Preskate - Freeskate 3) or Elite Academy (Freeskate 4 - Freeskate 6).

Artistry In Motion/Ice Dance/Theater On Ice

At this time, Artistry In Motion, Ice Dance, and Theater on Ice group classes are unavailable. If you are interested in learning Ice Dance or Artistry In Motion, please contact our coaching director, Paul Askham, at paul.askham@hotmail.com.